

# Catering Menu



*Good Food To Go!*

Arcata  
822-5000  
Eureka  
443-2968

Please Allow at  
Least 48 Hours  
Advance Notice  
for All Orders

California sales tax of 7.25% is required for all catering orders

Prices are subject to change.

## Party Platters

### Fresh Fruit

Regular 12-16ppl \$50  
Large 20-25ppl \$60  
A selection of seasonal fruit and berries served with fresh fruit yogurt for dipping. Ideal for Breakfast, Lunch or Dinner.

### Gourmet Cheese & Fresh Fruit

Regular 12-16ppl \$55  
Large 20-25ppl \$70  
A variety of local and imported cheeses offer a range of flavors and textures to your guests, paired with grapes and fresh berries in season.

### Italian Stromboli

Meat or Vegetarian  
14ppl \$50  
You have to try these wonderful Italian baked sandwiches. Filled with (salami & ham) or (artichoke hearts & tomatoes), Parmesan, and Mozzarella Cheeses, roasted bell peppers, and onions all baked inside a wonderful fresh bread. Served with marinara for dipping.

### Prociutto wrapped melon

\$25 per dozen  
(MINIMUM 2 DOZEN)  
An elegant and classic cold appetizer with genuine Prociutto thinly sliced, and wrapped around juicy sweet melon. Seasonal.

### Samosas

\$25 per dozen  
(MINIMUM 2 DOZEN)  
Flaky golden pastry wrapped around curried vegetables and fried. This traditional Indian dish is served with a sweet plum sauce.

### Quiche

Vegetarian or Meat  
Each 8" \$20  
We make a wide variety of quiches to please any palette.

### BBQ Chicken Drumettes

\$10.99/lb  
(MINIMUM 2 POUNDS)

### Antipasto

Regular 12-16ppl \$60  
Large 20-25ppl \$75  
Classic Italian style antipasto tray includes: prociutto, salami, olives, marinated artichoke hearts, marinated mushrooms, roasted red peppers, along with asiago and provolone cheeses.

### Veggie Antipasto

Regular 12-16ppl \$60  
Large 20-25ppl \$75  
A vegetarian version of our antipasto platter with grilled and smoked tofu, from "The Tofu Shop" here in Arcata. Along with grilled peppers, marinated roasted mushrooms and marinated artichoke hearts.

### Muffins and Bagels

\$30 per dozen  
(MINIMUM 2 DOZEN)  
This is a wonderful breakfast platter of 6 North Coast Bakery muffins and 6 bagels served along with an assortment of cream cheeses, jam, and tofu spread.

### Veggie Crudités

Regular 12-16ppl \$55  
Large 20-25ppl \$70  
A colorful selection of seasonal raw veggies served along with Hummus or Blue Cheese for dipping. A beautiful addition to any buffet presentation.

### Spinach Dip

Regular 12-16ppl \$40  
Large 20-25ppl \$50  
A classic delicious Spinach Dip served in a bread bowl with plenty of extra bread for dipping.

### Grilled Organic Veggies

Regular 12-16ppl \$60  
Large 20-25ppl \$75  
A beautiful array of freshly grilled, organic, seasonal vegetables. Drizzled with organic extra virgin olive oil. Served with Basil Aioli for dipping upon request.

### Pinwheel Sandwiches

Regular 12-16ppl \$60  
Large 20-25ppl \$75  
Tortilla wraps sliced to the perfect size for snacking. Please specify either vegan or turkey.

### Spanikopitas

\$25 per dozen  
(MINIMUM 2 DOZEN)  
This wonderful Mediterranean treat with crispy phyllo dough wrapped around a mixture of spinach, garlic, onion, mint, feta and Parmesan cheeses.

### Build Your Own Sandwich Platter

\$8.50 per person  
Minimum 10 people per order  
Ham, turkey, and roast beef are thinly sliced along with an assorted selection of cheeses. Served with an assortment of sliced breads, along with lettuce, tomatoes, pickles, and red onions. Sides of mayonnaise and mustard are also provided. Organic grilled and smoked tofus are also available for vegetarian options.

### Bag Lunches

\$14 per person  
(MINIMUM 10 LUNCHES)  
Bag Lunches include your choice of Ham, Diestel turkeys, roast beef, or smoked tofu sandwiches, along with: a personal size bag of chips fresh fruit salad, and cookies from our own Northcoast Bakery. These are perfect for a working lunch or a group picnic.

## Northcoast Bakery Selections

*Our Northcoast Bakery uses organic: butter, cream, milk, eggs, flour, and canola oil.*

### **Bread**

Each \$1.95-\$5.95

Assorted Sourdough Hearth and Rustic

(Plain Sourdough, Bleu Cheese Walnut, Shitake Onion, Artichoke Tomato, Swiss Green Olive, Pumpkin Seed, Multi Seed, Walnut Thyme, Herb Boules, Sesame Batard etc.)

Plain and Seeded Baguettes

### **Un-dipped and Dipped Cookies**

Sold by the dozen

Un-Dipped \$12.95 per dozen  
Dipped \$15.95 per dozen

(Triple Chocolate Ecstasy, Espresso Almond, Coconut Shortbread, Macaroons, Peanut Butter, Chocolate Chip Walnut, Wheat-Free Oatmeal Raisin, Vegan Oatmeal Chocolate Chip)

### **Tarts**

Each 4" \$5.25

(Banana Cream, Chocolate Truffle, Lemon Curd, Lime Cream, Walnut, Choc. Custard, etc.)

### **Pies**

Each \$8.95-29.95

(Apple, Apple Berry, Hazelnut Pecan, Hazelnut Pecan Choc. Chip, Pumpkin, and Berry)

### **Cakes**

Sizes ranging from a 6" to a ½ sheet.

(Amazon Carrot, Chai Spice, Lemon Chiffon, Lemon Poppy Seed, Vegan Carrot, White)

Prices range from \$10 to \$53 depending on size, fillings and icings.

All cakes can be done with a variety of icings and fillings.

We also have vegan & wheat/gluten free flour options

## Beverages

This is a small sampling of available beverages.

All applicable CRV will be added.

### **Blue Sky**

**"All Natural" sodas**

Various Flavors 12oz  
Each \$ .75

### **Nantucket Nectars**

Various Flavors  
Each \$ 1.49

### **Bottled Water .5L**

Each \$ .95

### **Sacred Grounds Organic Coffees**

\$24.95 per carafe

Served hot and convenient in a ten-cup pump dispenser along with cups, ½&½ and sugar.

We also have a wide range of local and imported beers and wines available. These items are for pick-up only, and a valid ID must be shown at pick-up. You must be 21 or older to purchase alcoholic beverages. Please call our catering or wine department for wine pairing suggestions.

## An Assortment of Our Specialty Salads

Our chefs prepare a wide variety of salads every day, using some of the freshest local and organic ingredients. Salads are sold by the pound, and are priced in a range of \$4.99 to \$11.99. Ask about what is currently available when you call to place your order.

All salads differ in weight, and are factored by volume per person. Generally 8oz (or one cup) per person is desired for an event as a small side; 12oz (1.5 cups) per person for a main dish.

### **A small sample of available salads:**

Larrupin Chicken Pasta Salad  
Sesame Chicken Salad  
Jamaican Jerked Chicken  
Curried Chicken with Lime

Green Goddess Salad  
Penne Pasta Salad  
Shitake Couscous Salad  
Apricot Couscous Salad

Baked Potato Salad  
German Potato Salad  
French Country Salad  
Dilled Potato Salad

Tabouli  
Cashew Cranberry Quinoa  
Indonesian Rice Salad  
Green Rice Salad  
Kamut Berry Salad

Cashew Seitan Salad

Punjabi Roasted Veggies  
Amy's Cabbage Salad  
Mango Coconut Cucumber  
Spicy Yam & Peanut

As well as traditional American Potato and Macaroni Salads.

## Delivery Information

**FREE delivery on any order of \$500 or more before tax**

**Delivery charge will be 10% of the total**

**We will be happy to deliver in our local range of:**

**Trinidad to the north**

**Blue Lake to the east**

**& Humboldt Hill to the south**