

# Trust Your Source

## Feral Family Farm



Certified Organic  
Wheat Grass  
Sunflower Sprouts

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## Feral Family Farm



Produced:

Arcata



Miles Transported:

To Arcata: 9

To Eureka: 16

Owned By:

### Sustainable Practices:

Our certified organic family farm produces between 70 and 90 flats of wheat grass each week for our local juice drinks.

We also supply sprouts, fruits and vegetables to local produce stands and farmers' markets.

The cut flats are returned to our farm where we compost and then reuse the compost as planting soil.

Our delivery vehicle uses biodiesel made by Andy at Footprint recycling.

We also produce 60 percent of our electricity for our farm uses with an array of nine, 185-watt potorsltaie panels.

Before Feral Family Farm was a farm I was the Program Director for the Web Of Life Field School, and a science teacher trainer and my partner Autumn was teaching environmental education.

While working as an environmental educator I developed some 5th grade Science Curriculum based on Experiential Learning with Organic Farms / Gardens as the central theme. I shared the lessons with hundreds of 5th grade teachers and thousands of 5th grade students.

After teaching about organic farming so many times I began to want to practice what I was teaching in greater depth, so I and my partner Autumn interned at an Organic Farm and Wildlife Preserve in Sonoma County called Ocean Song. After the year at Ocean Song we were prepared to have a go at farming full time, but we needed some land.

We could not afford land in Sonoma County, so we headed north, after searching from Mendocino to the Olympic Peninsula we settled on Arcata because of the University and the great Co-op.

At first we did not have the money to buy a big piece of land to farm, so we settled on a house in the bottoms grew garlic in the back yard and potatoes in the front, while I went back to school at Humboldt State University to obtain a masters in Biology.

As I finished my project at HSU I was looking for a bigger piece of land in Humboldt County. I looked at many pieces, but settled on a small patch of paradise near the shores of the Mad River near Blue Lake.

One year I got pretty sick my respiratory system was not able to recover from the Humboldt Crud, and I got into drinking wheatgrass to boost my immune system, and remove toxins, as I healed I became a wheatgrass enthusiast.

I approached the Co-op about growing wheatgrass for the juice bar and thanks to Cheri Strong's help and encouragement we now have a thriving little farm.

Thanks North Coast Cooperative and all the members that buy our produce!

~Feral Family Farm since 2001