

# TRUST YOUR SOURCE



## Ingrid's Garden Therapy

Cold Pressed Natural Body Soap

See all of our Vendor Profiles at [www.northcoastco-op.com](http://www.northcoastco-op.com)



# Ingrid's Garden Therapy



**Produced in:**  
Blue Lake

**Miles Transported:**  
To Arcata: 3  
To Eureka: 10

## Sustainable Practices:

I hand grow flowers and herbs in my garden without the use of synthetic fertilizers or pesticides.

Packaging is kept to a minimum and my labels are printed on recycled paper.

I use only cold pressed oils to avoid nasty solvents.

I work at home using flowers and herbs from my garden to make quality, natural soaps.

## Ingredients from:

Olive Oil	Italy
Palm Oil	Indonesia
Coconut Oil	Indonesia
Essential Oils	USA & Europe
Herbs	My Garden
Lye	USA

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