

# TRUST YOUR SOURCE



## Sweet Pea Gardens

### Organic Teas:

Tulsi Tea

Chamomile Tea

Stinging Nettle Tea

Lemon Balm Tea

See all of our Vendor Profiles at [www.northcoastco-op.com](http://www.northcoastco-op.com)



# Sweet Pea Gardens



**Grown and Produced in:**  
Freshwater, CA

**Miles Transported:**  
To Arcata: 12  
To Eureka: 11

## Sustainable Practices:

We apply organic fertilizer in the late fall and cultivate the soil before the herbs are grown to avoid dust on the product. Herbs are grown, harvested, and dried in small batches to ensure quality and potency.

No sprays are used on the herbs, as pests usually do not attack tea herbs. Crops are watered using water efficient T-tape which is reused the following season. Plant stalks are turned into soil after final harvest. Packaging is carefully selected for sustainability and simplicity.

## Owned By:

Sweet Pea Gardens is owned by Shelley Ruhlen. All tea production is on-site, and the products are organically hand-crafted. The focus of her farm is safe, effective, and well-preserved herbs and making these herbs accessible to everybody.

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